

How Pelco Reduced Sprains/Strains by 80%

(in only 2 years)

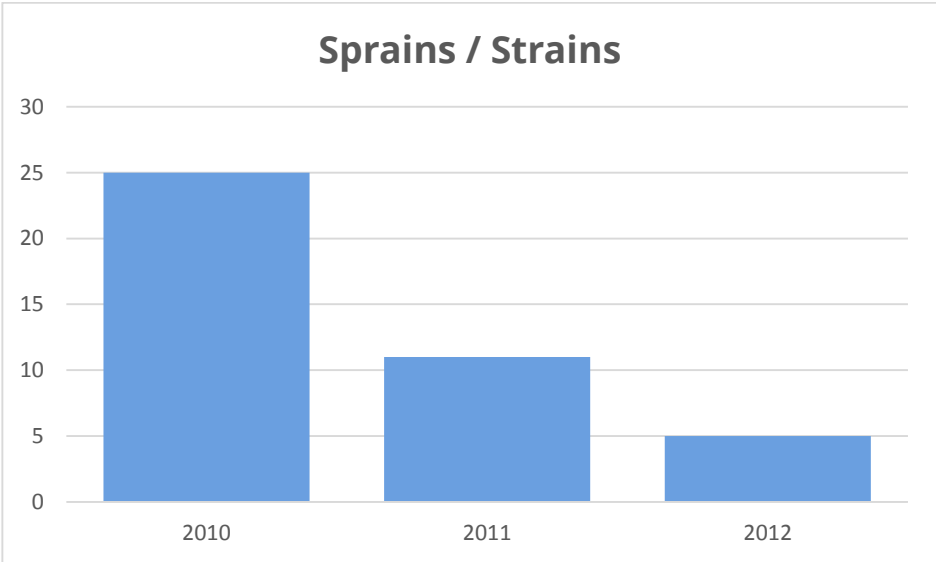


In just two short years, Pelco has been able to reduce sprains/strains by 80% through a successful partnership with injury prevention specialist, Jill Ramirez.

Results of a Successful Partnership

The story of Pelco, Layne Soares (Pelco Safety Manager) and Jill Ramirez (E+ Injury Prevention Specialist) illustrates a truism we see borne out over and over again --- a focus on prevention today improves outcomes tomorrow and on down the road. A prevention-focused mindset, along with a belief that injuries aren't a necessary cost of doing business, is a catalyst for a successful partnership that is driving health & safety results.

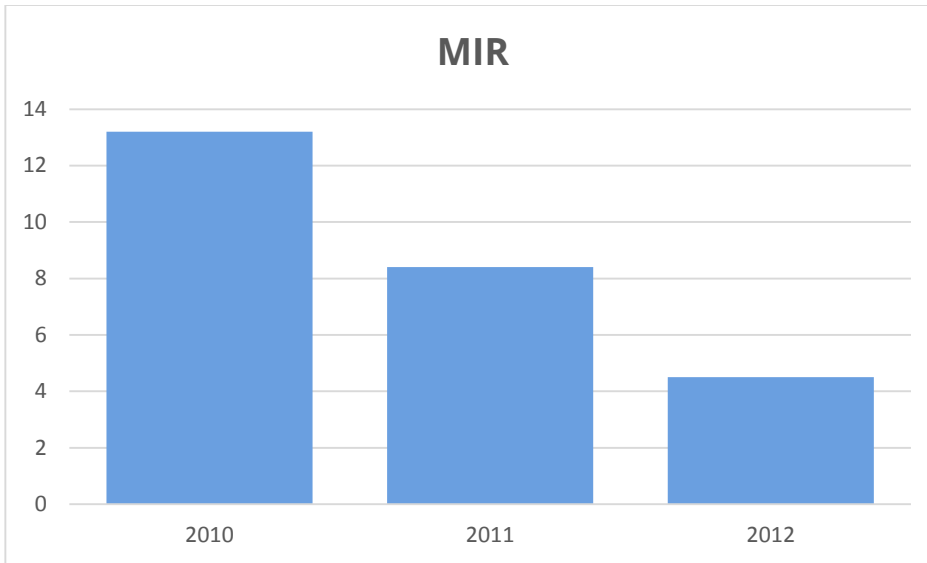
Here are the results of our partnership with Pelco so far.



LAYNE SOARES
Pelco, Safety Manager



JILL RAMIREZ
E+ Injury Prevention Specialist



Even with the tremendous success Pelco has had, Layne Soares and the rest of the Pelco team remains prevention-focused and hungry for continuous improvement. We're proud to serve at their side.

A Prevention Process That Drives Results

So how did we do it?

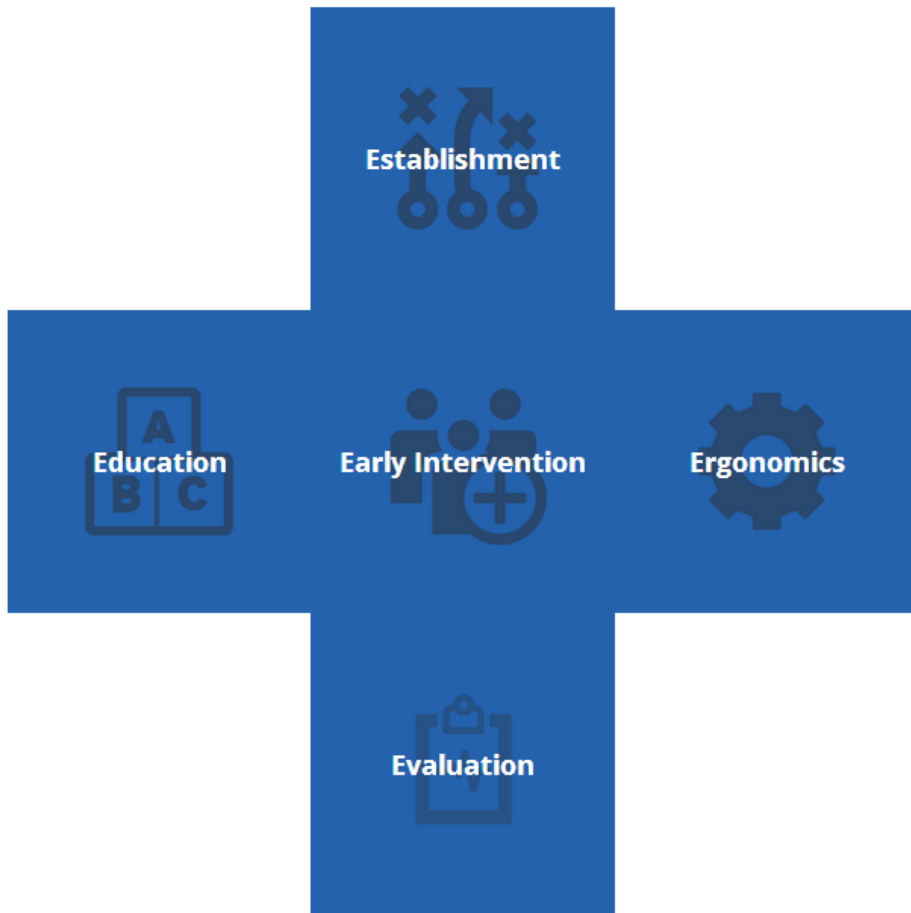
When Pelco shared their challenges with us, we responded with the perfect combination of our service offering to meet their health, safety and business goals.

Injury prevention specialist Jill Ramirez began making regular visits to the Pelco facility to implement and execute our injury prevention process, the *Ergonomics Plus System*.

"Jill has done an absolutely amazing job. To give some perspective, I've been here 7 ½ years and last year was the first time I've witnessed the "type of injury" experienced NOT be sprain/strain related. In fact, our results for 2012 were historic in that we incurred the lowest number of recordable injuries in Pelco's 25 year history. Thanks to Jill's input and training, our sprain/strain-related injuries were reduced by 50+%, contributing to an overall reduction in injuries vs. 2011 by 50+%. Jill has been, and continues to be, a viable asset to our team."

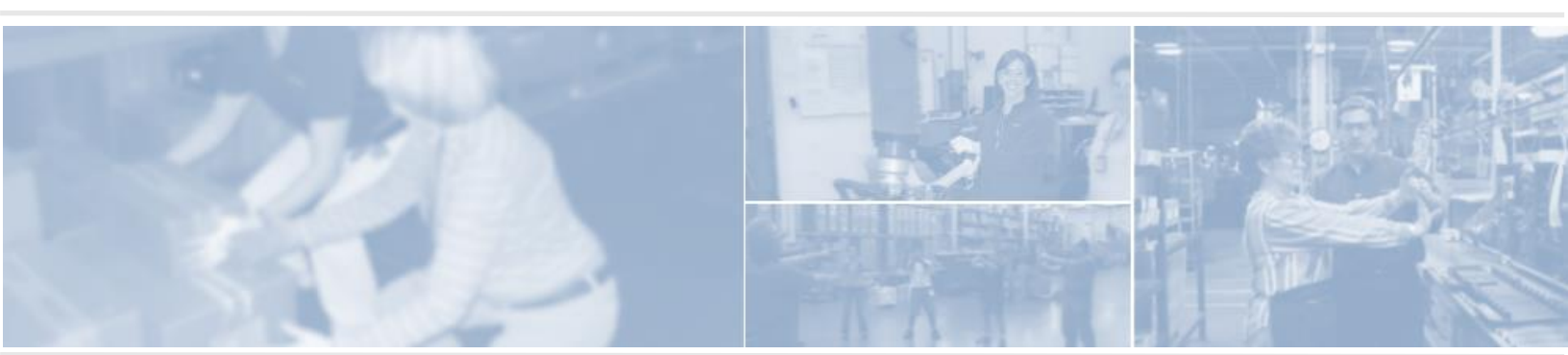
~ **Layne Soares**

Pelco, Safety Manager



Jill helps Pelco prevent musculoskeletal (soft tissue) injuries and enhance human performance through the science of improving worksite design (**Ergonomics**) and coaching and training Pelco employees like “workplace athletes” (**Plus**).

This comprehensive, hands-on, “Ergonomics Plus” approach is what allows her to identify and remove all risk factors contributing to soft tissue injuries and to maximize human performance.



About Ergonomics Plus

Ergonomics Plus was founded in 1989 as a one-man operation with the mission of preventing costly and painful musculoskeletal (soft tissue) injuries and improving human performance for local companies. Since those humble beginnings, we've grown into a nationwide consultancy, helping thousands of people across the United States remain healthy and productive at work every day.

Although we continue to grow and evolve as a company, our mission has never changed: We're dedicated to helping you and the workers at your company prevent unnecessary injuries and achieve high levels of human performance.

Let's talk about you!

Let's talk about you — and your health, safety and business goals. The first step to having a case study featuring your success is to have a candid conversation about your challenges and aspirations.

If you're ready for an experienced partner in prevention, contact us today.

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Get in Touch