

# Snook Tables (Lift/Lower) Data Collection

Date: \_\_\_\_\_ Evaluated by: \_\_\_\_\_

Department: \_\_\_\_\_

Job: \_\_\_\_\_

Task: \_\_\_\_\_

## Lift Lower Point

- Above Shoulder (above 54")
- Knuckle to Shoulder (between 20 and 54")
- Floor to Knuckle (below 29")

## Frequency

- 1 action / 8 hours
- 1 action / 30 minutes
- 1 action / 5 minutes
- 1 action / 2 minutes
- 1 action / minute
- 1 action / 14 seconds
- 1 action / 9 seconds
- 1 action / 5 seconds

## Horizontal Distance

- 7"
- 10"
- 15"

## Distance of Lift

- 10"
- 20"
- 30"

## Actual Weight

